

### Recycling your old spectacles



We are collecting your old spectacles again this year for use in the African countries please give them to any Mudds or Allards as soon as possible this month.

### Prayer Rota

July 4<sup>th</sup> – Ray  
July 11<sup>th</sup> – Chris & Ken  
July 18<sup>th</sup> – Judy  
July 25<sup>th</sup> – Alan  
August 1<sup>st</sup> – Jackie

### Speakers for Sunday Mornings

July 4<sup>th</sup> – Victor Jack  
July 11<sup>th</sup> – David Cackett  
July 18<sup>th</sup> – Kevin Moore  
July 25<sup>th</sup> – Mike Griffin

### Sunday evenings

July 4<sup>th</sup> – No evening service, picnic (see page 3)  
July 11<sup>th</sup> – Share and Prayer, led by Andrew Dixey  
July 18<sup>th</sup> – Led by Austin Mudd  
July 25<sup>th</sup> – Led by Ray Delaney

### Coffee and cleaning rotas

3<sup>rd</sup> & 4<sup>th</sup> July – Andrew and Anita Dixey  
10<sup>th</sup> & 11<sup>th</sup> July – Alan and Jackie Williamson  
17<sup>th</sup> & 18<sup>th</sup> July – Maurice and Linda Longhurst  
24<sup>th</sup> & 25<sup>th</sup> July – Ken and Christine Steel  
31<sup>st</sup> July & 1<sup>st</sup> August – Austin and Judy Mudd  
7<sup>th</sup> & 8<sup>th</sup> August – Andrew and Anita Dixey

# Suffolk Road Church

July 2010

“My grace is all you need. My power works best in weaknesses.”  
So now I am glad to boast about my weaknesses, so that the power of Christ can work through me.

**2 Corinthians 12 v 9**

### Kettle & Fish

The Kettle & Fish at St Peters Church, Market Hill, Sudbury, is a Christian presence in the centre of town. In July, it will be open on Thursdays 1<sup>st</sup>, 15<sup>th</sup> and 29<sup>th</sup> from 9.45am to 2 pm.

### Alive on Market Hill

The 11th July is rapidly approaching (yes, there is competition from the British Grand Prix and the World Cup Final!) but here is a reminder that this an event that is run by Churches Together in Sudbury & District for the people who attend our churches, and anyone else, to come along and bring their friends and neighbours.

There is a very exciting line up this year including Godfrey Birtill along with the usual free barbeque , bouncy castle and drinks from Kettle & Fish.

Your help is needed to enable Kettle & Fish to open and Judith Offord (01787 315689) would be very pleased to hear from you – she needs people who are willing to do shifts of one hour – 8 people will cover the whole afternoon

### Spring cleaning at Suffolk Road Church

Cleaning evening is Tuesday 6<sup>th</sup> July, please come and help if you are able, thank you.

## Prayer for July

Thank You Lord God for Your daily help, care, comfort and leading in our lives. We praise You that You know all about us and love us just the same. We ask that those who don't know You yet as Saviour, will soon come to the knowledge of Your saving power and grace.

Thank You that Vi Williamson has had a flat provided for her to live in, while her house is being cleaned and decorated after the smoke damage. We praise You also that Laura's heart test was all clear; Lord You are so good! Thank You too that Doreen doesn't need any treatment at this time and we ask that in Your might the carcinoids won't get any larger.

We bring to You those who need Your care and intervention in the problems of their lives. Continue to help Esther day by day as she adjusts to her diabetes care. We leave Ray in Your hands and ask that the scan will reveal the cause of his pain and that he will know Your healing. Be too with Sam, as she and Adam face the difficulties of each day, we pray Your healing Lord God. Also we bring David Cackett to You, may he know Your healing touch; be also with Julia and Helen, may they feel Your presence day by day. May Ethel know Your arms about her and continue to strengthen Godfrey and the family at this great time of need. May Bill soon get his strength and energy back after serving You during his time in Jerusalem.

We leave Marc and Suz in Your care and ask in Your will that Marc will be asked to take on the youth work in the Scotland church where he has already had his first interview. Continue to help us all to keep close to You. May Your Holy Spirit fill us and guide our lives continually to do Your work and will.

Thank You that we can always trust and depend on You, the only wise and true God our Saviour. Amen.

## Prayer breakfasts

Every Saturday morning, different Churches in the Sudbury district host a prayer breakfast. In July, the hosting churches will be:

- 3<sup>rd</sup> – Glemsford – St Mary's (Anglican) Church Hall
- 10<sup>th</sup> – St Gregory's Church Hall
- 17<sup>th</sup> – Sudbury Baptist Church
- 24<sup>th</sup> – Holy Trinity Long Melford
- 31<sup>st</sup> – Suffolk Road Church

Please note that there will be no Prayer Breakfasts during August

## Church Picnic

There will be a Church Picnic on Sunday 4<sup>th</sup> July, starting 2pm, at Clare Country Park.

Pack a Lunch and share what "Manna" of food that's available. If you need a lift, or can provide a lift, please let Andy know.

## Celebrations



The month of June gave us plenty to celebrate. On Sunday 6<sup>th</sup> June we celebrated Margaret's 80<sup>th</sup> Birthday with a cake at the Church, made by Anita and afterwards lunch with some of the fellowship.

And on Sunday 13<sup>th</sup> Trevor had his 88<sup>th</sup> Birthday. This was marked by a lunch and chocolate cake later in the week with friends.



Congratulations to them both!